

The H1N1 vaccinations are available as follows:

Monday-Friday through the month of May at the Health Department, 475 S Spruce from 8-11am or 1-4pm.

Open to the general public.

PLEASE NOTE: Children under the age of 10 need a booster 28 days after their first vaccination.

The vaccine will is free.

Recommendations for community mitigation for H1N1 flu remains unchanged:

- Get H1N1 vaccine
- Avoid contact with ill persons
- Cover coughs and sneezes with the arm or a tissue...discard used tissues
- Wash hands frequently with warm water and soap
- Screen and exclude any sick children from school and monitor symptoms at home
- Stay home if sick. Do not return to work or school until 24 hours after your fever goes below 100 degrees F (without Tylenol or other medication).